## IN THE CLAIMS:

Please cancel Claim 6 without prejudice or disclaimer of the subject matter recited therein.

Please amend Claims 1 and 7 as follows.

(Currently Amended) A movable micro-body comprising:
a movable plate having a surface;

at least one torsion bar extending in a longitudinal direction and supporting said movable plate;

a support member supporting said movable plate by way of said torsion bar; and

at least one link member arranged in a direction intersecting the longitudinal direction of said torsion bar and linking said support member and said torsion bar, wherein

said support member, said torsion bar and said movable plate are integrally formed from a single material.

2. (Previously Presented) The movable micro-body according to claim 1, wherein

two torsion bars are arranged at opposite sides of said movable plate, and a link member is arranged on each of said torsion bars.

(Previously Presented) The movable micro-body according to claim 1,
wherein

only one torsion bar is provided and arranged at a lateral side of said movable plate, and said link member is arranged on said torsion bar.

4. (Previously Presented) The movable micro-body according to claim 1, wherein

only one torsion bar is provided and arranged at a lateral side of said movable plate, and said movable plate is provided with a projecting section at a side opposite to said torsion bar, with said projecting section being separated from said support member, with said link member being arranged on said projecting section.

(Previously Presented) The movable micro-body according to claim 1,
wherein

a cross section of said torsion bar taken along a direction perpendicular to an intra-planar direction of said movable plate surface shows a width as observed along a longitudinal direction of said link member smaller than a width of a cross section as observed along the direction perpendicular to the longitudinal direction.

## Claims 6. (Cancelled).

7. (Currently Amended) The movable micro-body according to claim 1, wherein

said link member is made of a material different from at least one of said support member, said torsion bar or and said movable plate.

- 8. (Original) An optical deflector comprising a movable micro-body according to claim 1 and light reflecting means arranged on said movable plate.
- 9. (Previously Presented) An image forming apparatus comprising an optical deflector according to claim 8 and a light source, and adapted to form an image by causing a beam of light emitted from said light source to be reflected by said light reflecting means and scanned.
- 10. (Original) The image forming apparatus according to claim 9 that is a light beam scanning type display.
- 11. (Original) An electrophotography type image forming apparatus comprising an image forming apparatus according to claim 9 and a photosensitive body adapted to receive the scanning beam of light.
- 12. (Original) A dynamic quantity sensor comprising a movable micro-body according to claim 1 and detection means for detecting a relative positional displacement of said support member and said movable plate.